



Safeguarding Curriculum

How we teach children to help keep themselves safe...

	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
PSHE Curriculum	<p>Self regulation Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate;</p> <p>Managing Self Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; Explain the reasons for rules, know right from wrong and try to behave</p>	<p>To know that household products (including medicines) can be harmful if they are not used correctly To understand how to keep safe (in familiar/unfamiliar situations) To discuss the importance of asking for help if you are worried/scared To understand the importance of privacy in a range of contexts e.g. online, private parts of the body</p>	<p>To know that household products (including medicines) can be harmful if they are not used correctly To understand how to keep safe (in familiar/unfamiliar situations) To discuss the importance of asking for help if you are worried To understand the importance of privacy in a range of contexts e.g. online, private parts of the body</p>	<p>To know how to manage risks in familiar and unfamiliar situations. To know that simple hygiene routines can prevent the spread of bacteria and viruses. To recognise the feeling of negative pressure and know how to handle this To understand the importance of school rules for health and safety. To know how to get help in</p>	<p>To know how to manage risks in familiar situations and keep themselves safe. To know simple hygiene routines and prevent the spread of bacteria and viruses. To know about negative pressure and how to manage it. To know the importance of school rules for health and safety. To know how to keep safe in the local environment.</p>	<p>To know about independence, increased responsibility and keeping safe. To know some strategies for managing risks To know how the spread of infection can be prevented To know difference influenced on behaviour including peer pressure and media influence To know how to resist unhelpful pressure and ask for help To know the basic skills needed in an emergency To learn basic first aid To learn about different habits (in relation to drugs, alcohol and tobacco) To know some of the risks and effects of legal and illegal substances To know strategies for managing personal safety (local environment)</p>	<p>To know difference influenced on behaviour including peer pressure and media influence To know how to resist unhelpful pressure and ask for help To know the basic skills needed in an emergency To learn basic first aid To learn about different habits (in relation to drugs, alcohol and tobacco) To know some of the risks and effects of legal and illegal substances To know strategies for managing personal safety (local environment) To know strategies for managing</p>

	<p>accordingly; Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices</p> <p>Building relationships Work and play cooperatively and take turns with others; Form positive attachments to adults and friendships with peers; Show sensitivity to their own and to others' needs.</p>			<p>an emergency. To know how to keep safe in the local environment To know how to keep safe online To recognise the people who keep them stay healthy and safe.</p>	<p>To know how to keep safe online. To know the people who help them stay healthy and safe.</p>	<p>To know strategies for managing personal safety (online) To know who is responsible for their health and wellbeing. To know where to get support. To know how to keep safe when using a mobile phone.</p>	<p>personal safety (online) To know what to consider before sharing pictures/information about themselves and others. To know who is responsible for their health and wellbeing To know where to get help, advice and support To know how to keep safe using a mobile phone.</p>
RSE	<p>To recognise the importance of friendship, know that friendships can make us feel happy Know some ways that we can make new friends feel welcome</p>	<p>Learning Intention To understand that we are all different but can still be friends Learning Outcomes Know that we can be friends with people who are different to us Learning Intention</p>	<p>Learning Intention To introduce the concept of gender stereotypes To identify differences between males and females Learning Outcomes Understand that some people have</p>	<p>Learning Intention To identify that people are unique and to respect those differences to explore the differences between male and female bodies</p>	<p>Learning Intention To explore the human lifecycle To identify some basic facts about puberty Learning Outcomes Understand that puberty is</p>	<p>Learning Intention To explore the emotional and physical changes occurring in puberty Learning Outcomes Explain the main physical and emotional changes that happen during puberty Ask questions about puberty with confidence Learning</p>	<p>Learning Intention To consider puberty and reproduction Learning Outcomes Describe how and why the body changes during puberty in preparation for reproduction Talk about puberty and reproduction with</p>

	<p>To recognise the importance of saying sorry and forgiveness Know that arguing with friends and then making up can make friendships stronger. That resorting to violence is never right</p> <p>To recognise that all families are different Identify different members of the family Understand how members of a family can help each other</p>	<p>To discuss how children grow and change Learning Outcomes Understand that babies need care and support Know that older children can do more by themselves Learning Intention To explore different types of families and who to ask for help To identify who can help when families make us feel unhappy or unsafe Learning Outcomes Know there are different types of families Know which people we can ask for help</p>	<p>fixed ideas about what boys and girls can do Describe the difference between male and female babies Learning Intention To explore some of the differences between males and females and to understand how this is part of the lifecycle Learning Outcomes Describe some differences between male and female animals Understand that making a new life needs a male and a female Learning Intention To focus on sexual difference and name body parts Learning Outcomes Describe the physical differences between males and females Name the different body parts</p>	<p>Learning Outcomes Know and respect the body differences between ourselves and others Name male and female body parts using agreed words Learning Intention To consider appropriate and inappropriate physical contact and consent Learning Outcomes Understand that each person's body belongs to them Understand personal space and unwanted touch. Learning Intention To explore different</p>	<p>an important stage in the human lifecycle Know some changes that happen during puberty Lesson 3 Healthy Relationships Learning Intention To explore respect in a range of relationships To discuss the characteristics of healthy relationships Learning Outcomes Know that respect is important in all relationships including online Explain how friendships can make people feel unhappy or uncomfortable. Learning Intention To explore how puberty is</p>	<p>Intention To understand male and female puberty changes in more detail Learning Outcomes Understand how puberty affects the reproductive organs Describe what happens during menstruation and sperm production Learning Intention To explore the impact of puberty on the body and the importance of physical hygiene To explore ways to get support during puberty Learning Outcomes Explain how to keep clean during puberty Explain how emotions/relationships change during puberty Know how to get help and support during puberty</p>	<p>confidence Learning Intention Exploring the importance of communication and respect in relationships Learning Outcomes Explain differences between healthy and unhealthy relationships Know that communication and permission seeking are important Learning Intention To consider different ways people might start a family Learning Outcomes Describe the decisions that have to be made before having children Know some basic facts about conception and pregnancy Learning Intention To explore positive and negative ways of communicating in a relationship Learning Outcomes To have considered when it is appropriate to share personal/private</p>
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				types of families and who to go to for help and support Learning Outcomes Understand that all families are different and have different family members Identify who to go to for help and support	linked to reproduction Learning Outcomes Know about the physical and emotional changes that happen in puberty Understand that children change into adults to be able to reproduce if they choose to		information in a relationship To know how and where to get support if an online relationship goes wrong
Safer internet day	To describe how technology and the internet has changed over time and continues to impact people's lives.	To describe how technology and the internet has changed over time and continues to impact people's lives. To express a range of feelings that could be caused by using technology and the internet.	To express a range of feelings that could be caused by using technology and the internet. To describe how technology and the internet can change people's feelings and know how to respond to online safety concerns.	To describe how technology and the internet can change people's feelings and know how to respond to online safety concerns.	To understand that online content can change people's thoughts, feelings and behaviour both positively and negatively.	To understand that technology's design can influence people's choices and describe ways to manage that influence.	To understand what Artificial Intelligence (AI) is and consider how it may change people's lives now and in the future. To understand that online influencers can change people's thoughts, feelings and behaviour, both positively and negatively. To think creatively about words and actions that can make the internet a more positive place.

Assemblies	Aut 1 Mental Health Aut 2 Anti Bullying Spring 1 – Road Safety & Internet Safety Spring 2- LGBTQ+ Summer 1 – Mental Health Summer 2 - Transitions						
Visits / Visitors / events	Fire service Crossing Patrol police School Nurse (height / weight . vision) Dentist	Local area visit School Nurse	Fire Service	Sikh Visit	Mosque visit	Now Press Play – Feelings Rabbit visit	Basil Newby visit Transition Now Press Play: Islam Magistrates visits PSCO Drugs talk
Responsive / targeted safeguarding	EO Counselling DSL Team (incl 1:1 sessions e.g PANTs) Key Adults (operation Encompass) Resilience Coach Anti Bullying event and ambassadors PMHW Mental Health First aiders Wellbeing champions Facebook and Website info re safeguarding, Prevent, wellbeing / mental health Responsive railway safety assembly						

#This is evidence in PSHE class 'Keeping Safe' books