

# Getting Ready for School



It's nearly time to start school! Here are some things you can practise at home to help you get ready for school in September!

## Self-Care and Independence

- I can wash my hands.
- I can wipe my nose.
- I can put on/fasten my coat and shoes.
- I can use the toilet.
- I am learning to dress/undress - this will help me when changing for PE.
- I am happy to be away from parents or carers. I know they will be back soon.

## Playing with others

- I join in games and activities with other people.
- I can share and take turns.



## Speaking and Listening

- I can talk about my ideas, needs and feelings.
- I can ask a grown-up for help.
- I can follow simple instructions.

## Eating and Drinking

- I can use a spoon, knife and fork.
- I can open my lunch box as well as wrappers and packaging.
- I can drink from a water bottle, carton or open cup.



## Numbers



- I can count from 1 - 10
- I can count a small group of items and say how many there are.
- I am beginning to represent numbers e.g. showing how many using my fingers.

## Reading and Writing

- I can recognise / read my name.
- I can hold a pencil to draw.
- I am learning to write my name.
- I enjoy listening to stories and rhymes.

